



HUD SMOKE-FREE 2018



Housing Authority for LaSalle County



Public Housing Program

Smoke-Free

What is HUD's "Smoke-Free" policy all about?



WHO?

WHAT?

WHEN?

WHERE?

WHY?

HOW?

What is HUD's "Smoke-Free" policy all about?

WHO?

Smoke-Free includes anyone on Housing Authority property:

- Staff
- Residents
- Visitors & Guests
- Contractors

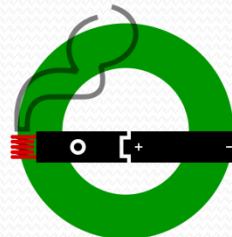


What is HUD's "Smoke-Free" policy all about?

WHAT?

HALC's Smoke-Free policy prohibits:

- Smoking tobacco in any form
- Cigarettes, Pipes, Cigars, Hookah/Water Pipe
- E-Cigarettes, Vapor Devices, Nicotine Delivery Systems
- Cannabis (Marijuana) always has been prohibited.
- This includes medical Marijuana



What is HUD's "Smoke-Free" policy all about?

WHEN?

- HUD requires all Public Housing agencies to put "Smoke-Free" policies into effect no later than July 30th, 2018.
- The Housing Authority for LaSalle County's Board of Commissioners has approved this policy to be in effect on

July 30, 2018

What is HUD's "Smoke-Free" policy all about?

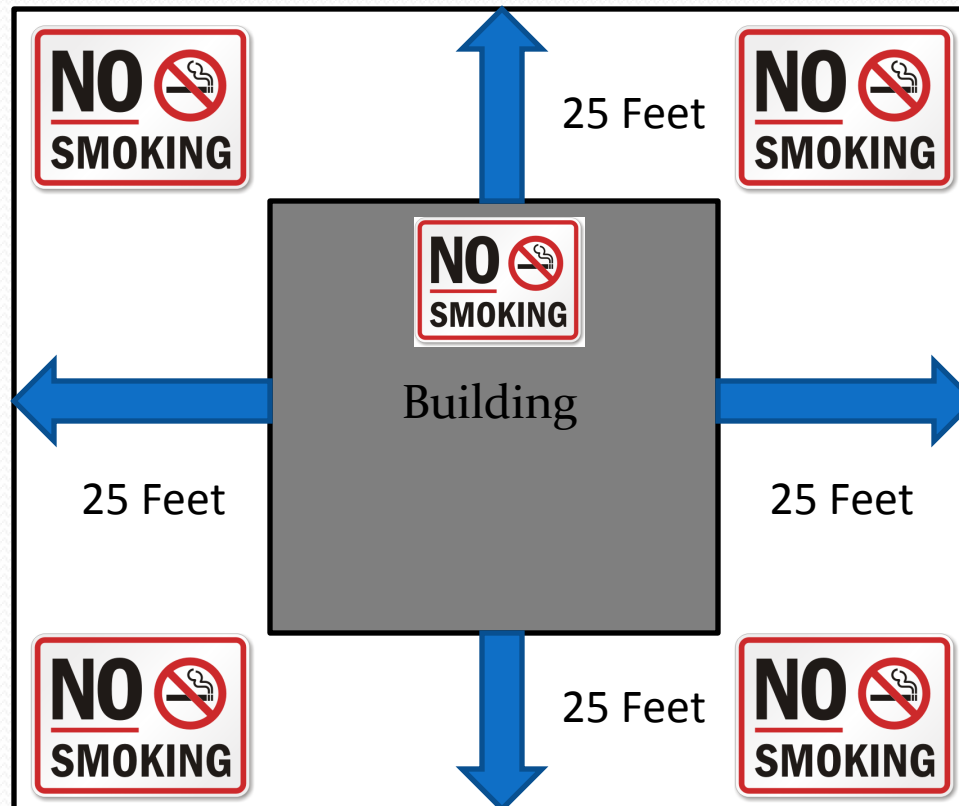
WHERE?

Smoke-Free is a requirement by HUD that prohibits smoking:

- Inside any Public Housing unit, home, or apartment
- Within 25 feet of buildings



What is HUD's "Smoke-Free" policy all about?



What is HUD's "Smoke-Free" policy all about?

WHY?

- The cost of unit turnover is higher in units where a tenant smoked vs. non-smoking units
- It takes longer to clean, prime, and paint a unit that has been smoked in



What is HUD's "Smoke-Free" policy all about?

(Continued)

WHY?

- Secondhand smoke causes approximately 7,330 deaths from lung cancer and 33,950 deaths from heart disease each year.¹
- There is no risk-free level of exposure to secondhand smoke and even short-term exposure potentially can increase the risk of heart attacks.²

(1) American Lung Association: U.S. Department of Health and Human Services. The Health Consequences of Smoking—50 Years of Progress: A Report of the Surgeon General. 2014.

(2) American Lung Association: U.S. Department of Health and Human Services. The Health Consequences of Involuntary Exposure to Tobacco Smoke: A Report of the Surgeon General. 2006.
<http://www.lung.org/stop-smoking/smoking-facts/health-effects-of-secondhand-smoke.html>

What is HUD's "Smoke-Free" policy all about?

TOBACCO USE AND SECONDHAND SMOKE EXPOSURE IS HIGH IN MULTIUNIT HOUSING

• About **80 million (1 in 4) people in the US live in multiunit housing**, such as apartments.

• Many who live in public housing are especially affected by secondhand smoke, **including children, the elderly, and people with disabilities.**

• About **8 in 10 multiunit housing residents** choose to make their own homes **smoke-free.**

• About **20 percent of adults in multiunit housing use combustible tobacco products**, which are a source of secondhand smoke exposure.

Among multiunit housing residents with smoke-free home rules, **34 percent** report that secondhand smoke involuntarily enters their homes from somewhere else in or around the building.

There is **no safe level** of **secondhand smoke exposure**



Secondhand smoke can **travel within multiunit housing** and common areas through **door ways, cracks in walls, electrical lines, ventilation systems and plumbing.**



Opening windows and using fans **does not completely remove secondhand smoke.**



Heating, air conditioning and ventilation systems **cannot eliminate exposure to secondhand smoke.**

What is HUD's "Smoke-Free" policy all about?

(Continued)

WHY?

- In 2011, U.S. fire departments responded to an estimated 90,000 smoking-material fires.
- These fires resulted in an estimated 540 civilian deaths, 1,640 civilian injuries and \$621 million in direct property damage⁽¹⁾

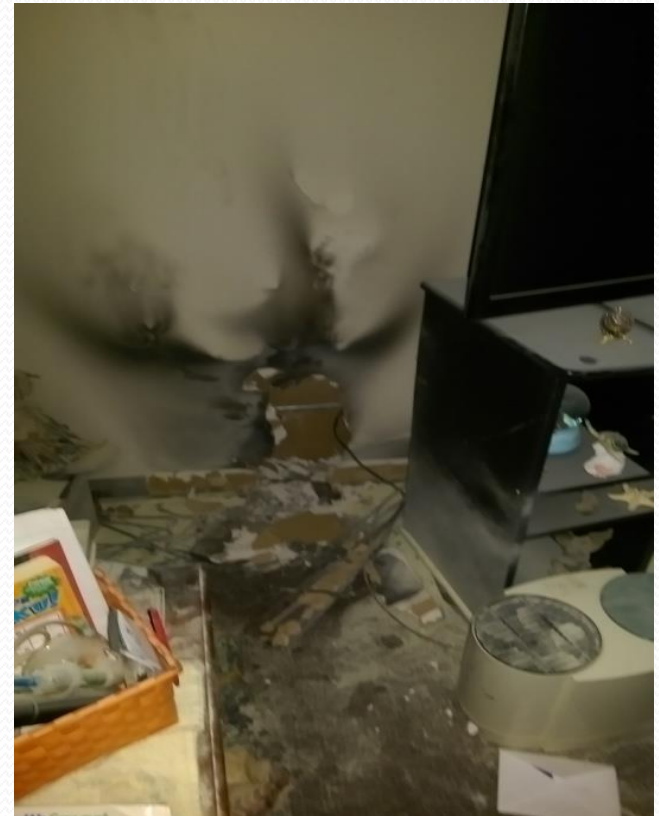
(1) Report: NFPA's "[The Smoking-Material Fire Problem](http://www.nfpa.org/News-and-Research/Fire-statistics-and-reports/Fire-statistics/Fire-causes/Smoking-Materials)" Author: John R. Hall, Jr. Issued: July 2013
www.nfpa.org/News-and-Research/Fire-statistics-and-reports/Fire-statistics/Fire-causes/Smoking-Materials

What is HUD's "Smoke-Free" policy all about?

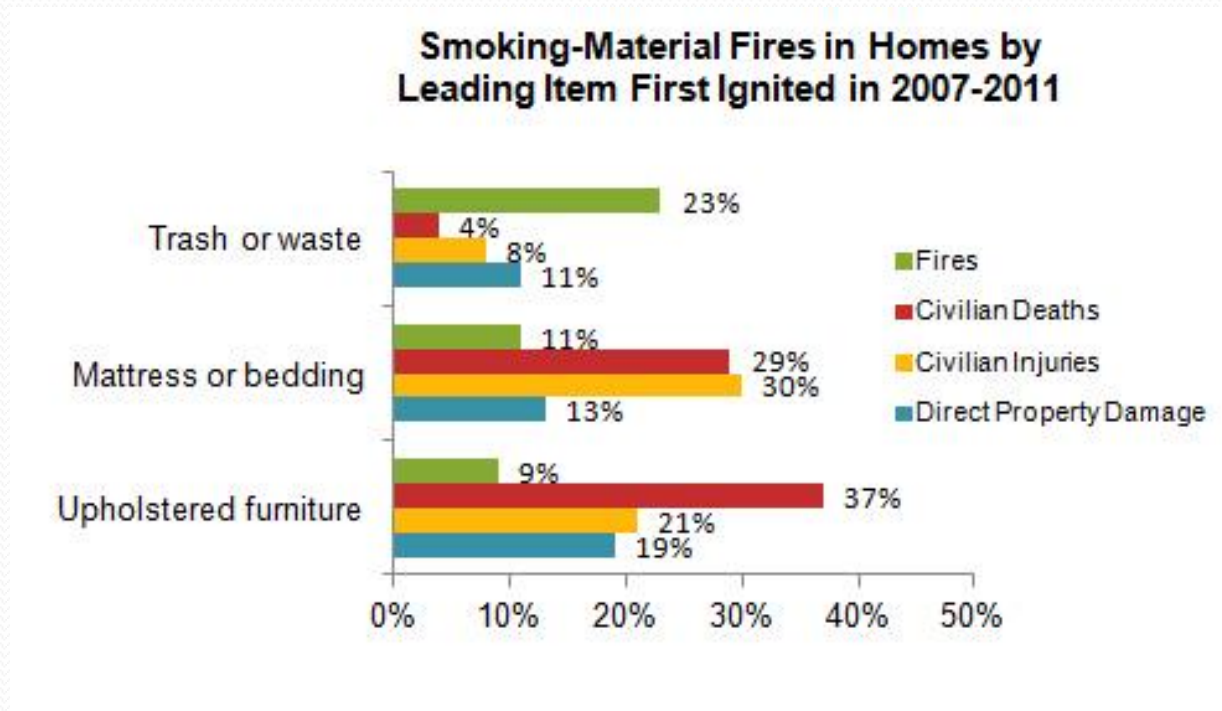
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WHY?

Aftermath of a fire
started by a smoker
in an apartment
managed by HALC



What is HUD's "Smoke-Free" policy all about?



- (1) Report: NFPA's "[The Smoking-Material Fire Problem](http://www.nfpa.org/News-and-Research/Fire-statistics-and-reports/Fire-statistics/Fire-causes/Smoking-Materials)" Author: John R. Hall, Jr. Issued: July 2013
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What is HUD's "Smoke-Free" policy all about?

HOW?



- 1) Board Approved Changes to ACOP -March 14,2018
- 2) New Leases & Resident Handbooks -May-July, 2018
- 3) Smoke-Free Policy & Leases effective -July 30, 2018
- 4) 5-Step Enforcement Begins -August 1, 2018

What is HUD's "Smoke-Free" policy all about?



HOW?

5-Step Enforcement

- 1) Verbal Warning + File Note + Mail Cessation Info
- 2) Notice of Lease Violation Letter
- 3) Third Warning to include Meeting with Tenant
- 4) Notice to Vacate on 4th Violation*

*May allow tenant to cure if they agree to no further violations.

- 5) Notice to Vacate – Lease is Terminated

What is HUD's "Smoke-Free" policy all about?

REASONABLE ACCOMMODATIONS

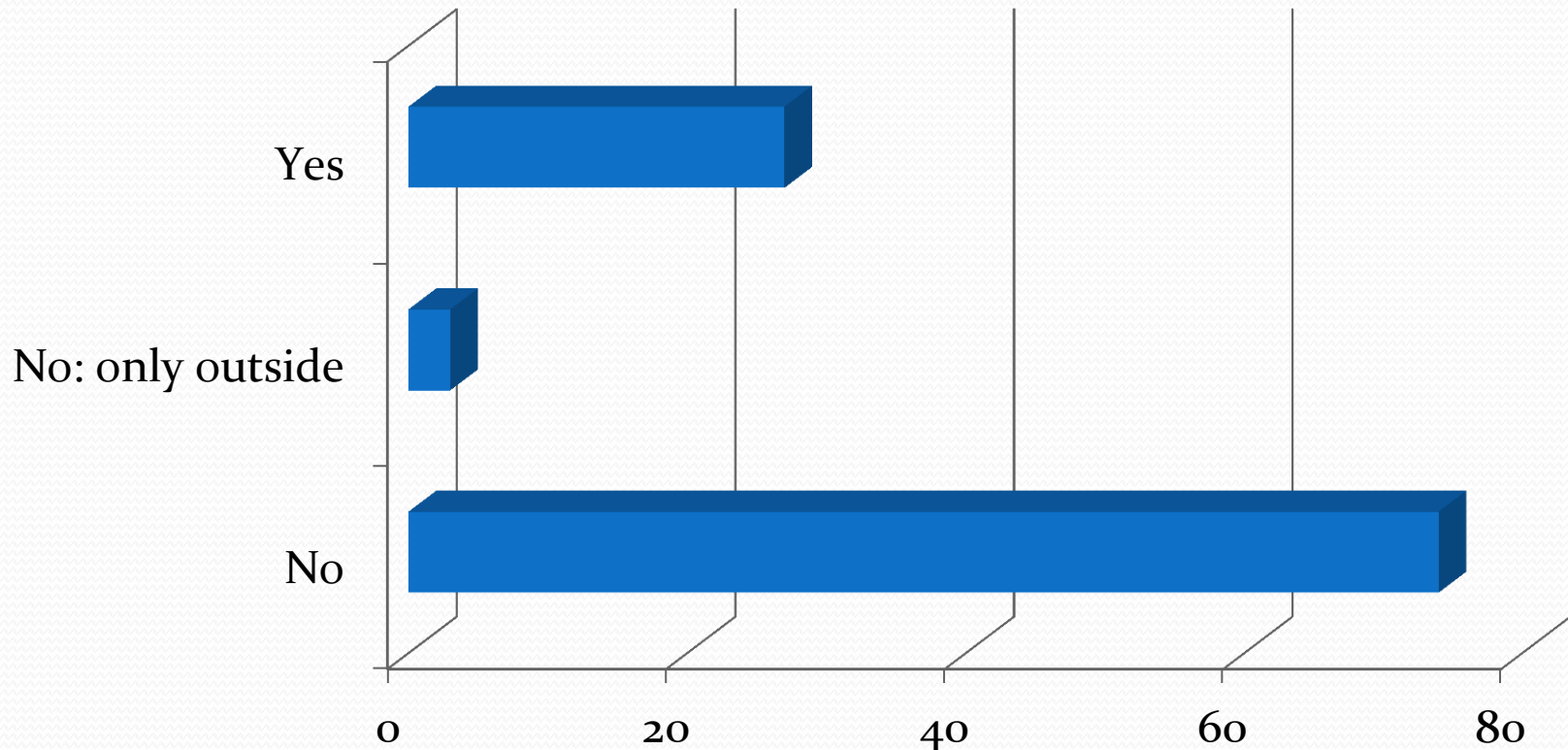
- The act of smoking is NOT a disability under the ADA
- Persons who smoke are NOT a protected class
- Reasonable Accommodations cannot be made to allow tenants to smoke inside the building or in their apartment



SMOKING SURVEY RESULTS

110 Surveys returned

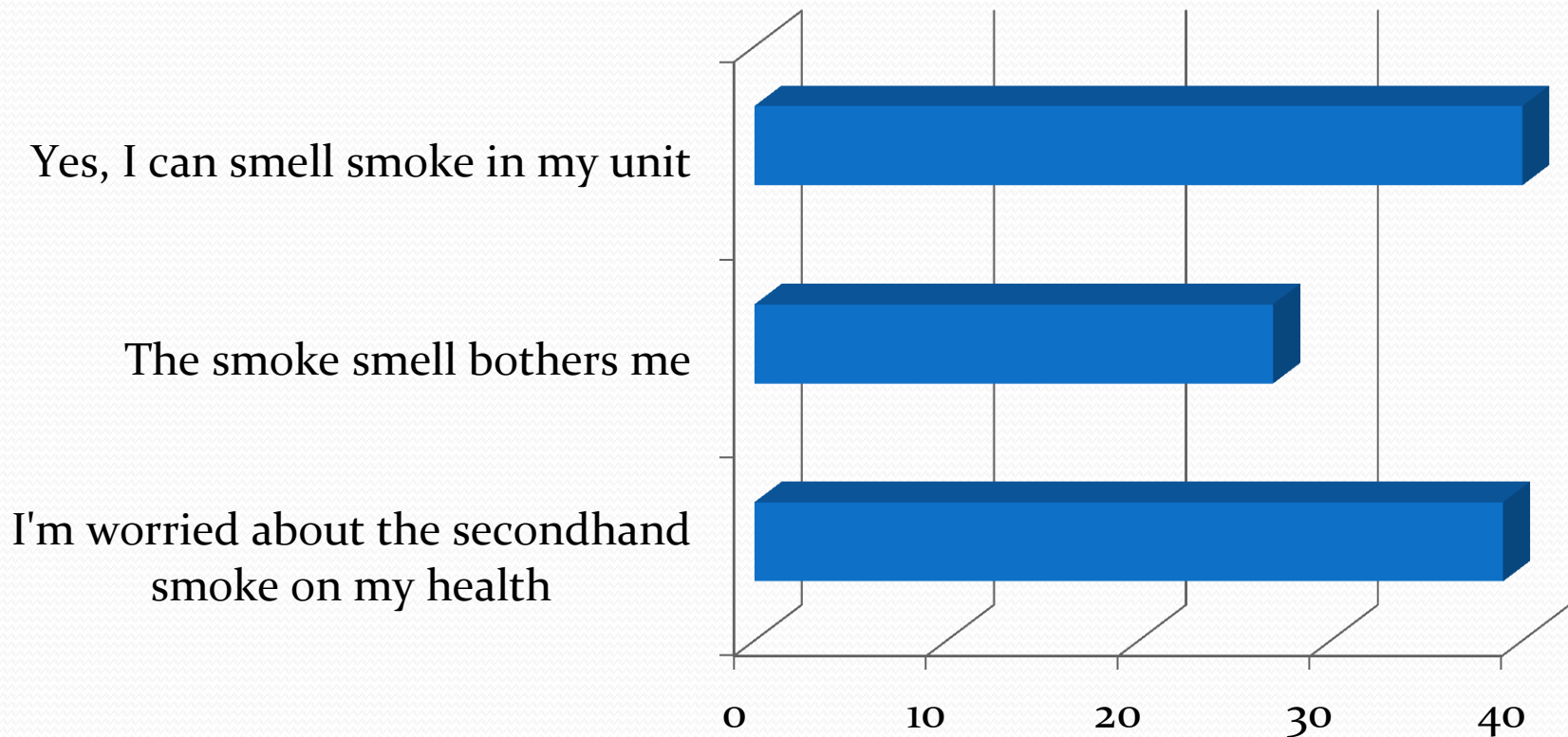
Do You Smoke in Your Unit?



SMOKING SURVEY RESULTS

110 Surveys returned

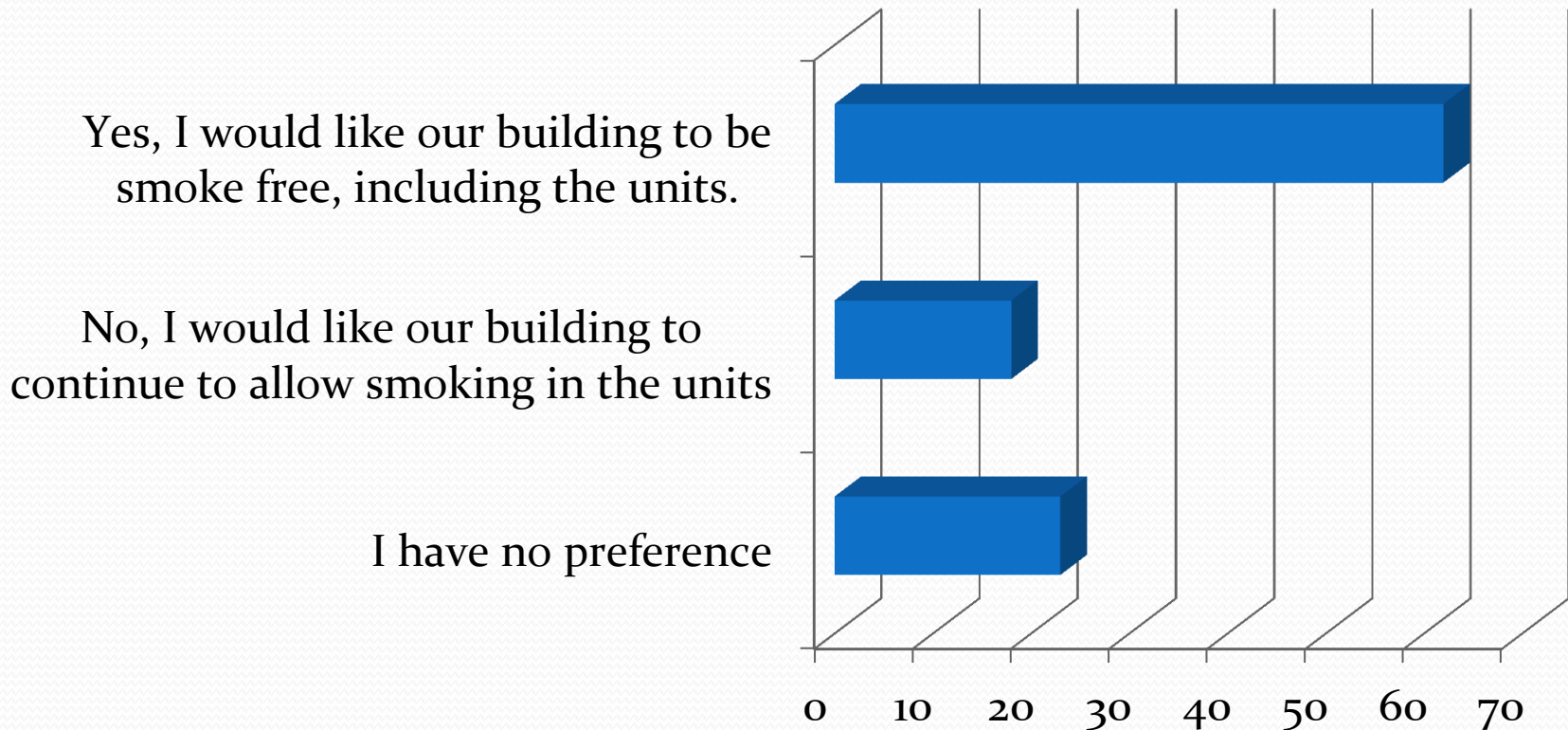
Can You Smell Smoke in Your Unit?



SMOKING SURVEY RESULTS

110 Surveys returned

Would You Like To Live In a Smoke-Free Building?



Smoking Cessation Assistance

- HUD's Smoke-Free does not require tenants to quit smoking; it prohibits smoking indoors and within 25 feet of the building
- HUD actively encourages tenants who wish to stop smoking to take advantage of smoking cessation programs
- Recipients of Medicare and Medicaid may be eligible for smoking cessation products at reduced or no cost
- Other healthcare plans may also offer cessation assistance as part of your plan. Contact your healthcare provider for more information
- There is an abundance of smoking cessation information on the internet, including smoking cessation hotlines and other resources

SMOKING CESSATION RESOURCES

Quitline

Contact Information: 1-800-QUIT-YES; <http://www.quityes.org/>

Hours: 7:00 AM - 11:00 PM Monday-Sunday

Eligibility to receive counseling: Must be resident of Illinois and 18 years of age or older. For medication: the following types of clients do not qualify for the ITQL NRT program: â€¢Persons under the age of 18 â€¢Pregnant women and persons for whom NRT is medically contraindicated â€¢Medicaid recipients â€¢Clients with private insurance coverage for NRT products â€¢Clients currently enrolled in NRT

Medications provided:

- | | | |
|------------------------|-------------------------|---------------------|
| ✓ Nicotine Gum | ✓ Nicotine Lozenge | ✗ Bupropion (Zyban) |
| ✓ Nicotine Patch | ✗ Nicotine Inhaler | |
| ✗ Nicotine Nasal Spray | ✗ Varenicline (Chantix) | |

(Source: North American Quitline Consortium, www.naquitline.org)

SMOKING CESSATION RESOURCES



[ABOUT US](#)

[OUR INITIATIVES](#)

[LUNG HEALTH & DISEASES](#)

[SUPPORT & COMMUNITY](#)

[STOP SMOKING](#)

[GET INVOLVED](#)

[DONATE](#)



1-800-LUNGUSA

[Submit a Question](#) | [Live Chat](#)

How can we help you?



Español



Login



You are located in: IL

Stop Smoking



SMOKING CESSATION RESOURCES



Improvement Initiatives

Emergency Room Diversion Grant Program

Health Disparities

Quality of Care Home and Community-Based Services (HCBS) Waivers

Maternal and Infant Health

Patient Safety

Reducing Obesity

Tobacco Cessation

Overview

Quitlines

Pregnancy

Care Transitions

Vaccines

Tobacco Cessation

Cigarette smoking is one of the greatest drivers of adverse health outcomes and costs for state Medicaid programs. By investing in comprehensive tobacco cessation programs, states have reduced smoking rates and health care costs and have improved health outcomes. Tobacco treatment is one of the most cost-effective preventive services with as much as a \$2-\$3 return on every dollar invested. CMS encourages our state partners to pursue these outcomes by:

- Using Medicaid administrative funding to enhance quitlines;
- Implementing mandatory coverage of tobacco cessation counseling for pregnant women and providing cessation services for all other Medicaid beneficiaries; and
- Ensuring coverage of all FDA-approved tobacco cessation medications.

For more information, please contact: MedicaidCHIPPrevention@cms.hhs.gov

[Issue Brief: Medical Assistance with Smoking and Tobacco Cessation](#) (PDF 424.85 KB)

[Infographic: Medical Assistance with Smoking and Tobacco Cessation](#) (PDF 330.73 KB)

[SMDL - Coverage of Tobacco Cessation](#)

Info Bulletin: [Quitline Claiming](#)

[Tobacco Cessation Affinity Group](#) (PDF 81.19 KB)

[Affordable Care Act Prevention Provisions](#)

[Medicaid Prevention](#)

Learn More:

BeTobaccoFree.gov

SMOKING CESSATION RESOURCES

smokefree.gov

Home

Tools & Tips

Challenges When Quitting

Quitting Smoking

Stay Smokefree for Good

Help Others Quit



I Want to Quit



My Quit Day



I Recently Quit



Staying Quit

Quitting is a Journey.

On this site you'll find support, tips, tools, and expert advice to help you or someone you love quit smoking.

Try a Practice Quit

Many people try a practice quit to gain the confidence and skills they need to quit for good. Join them.



SMOKING CESSATION RESOURCES

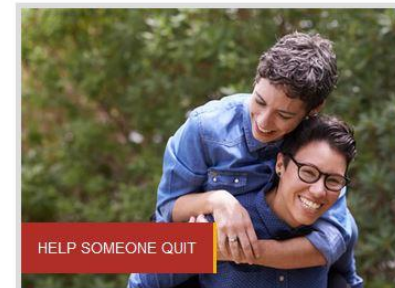
ILLINOIS TOBACCO QUITLINE
ILLINOIS DEPARTMENT OF PUBLIC HEALTH
AMERICAN LUNG ASSOCIATION IN ILLINOIS

1-866-QUIT-YES

f t youtu

MENU

1-866-784-8937



SMOKING CESSATION RESOURCES

Illinois

[Download State Overview PDF](#)

Icon Legend: ✓ = Covered ▼ = Coverage Varies ✗ = Not Covered

Medicaid Coverage

The Illinois Medicaid program covers:

- | | | |
|------------------------|-------------------------|-------------------------|
| ✓ Nicotine Gum | ✓ Nicotine Inhaler | ▼ Individual Counseling |
| ✓ Nicotine Patch | ✓ Varenicline (Chantix) | ✗ Quitline |
| ✓ Nicotine Nasal Spray | ✓ Bupropion (Zyban) | |
| ✓ Nicotine Lozenge | ✗ Group Counseling | |

Co-payments may be required for prescription medications.

For more information, please call the Illinois Department of Healthcare and Family Services office at (217) 782-1200 or visit their website at

<http://www.hfs.illinois.gov/>

Note: the Affordable Care Act requires all Medicaid programs cover all tobacco cessation medications beginning January 1, 2014. If a medication is marked here as not being covered, there is not yet evidence that Medicaid has complied with this requirement. Patients should call their Medicaid program and ask how to receive these medications.



OTHER CHANGES...

RENT ~ PAYING YOUR RENT: NEW CHANGES

Currently in Effect

- Repeated Court Cases for non-payment: The filing of 3 complaints for non-payment of rent within a 12-month period will result in Termination of Tenancy
-

Effective July 30, 2018

- Rent is Due on the 1st day of each month and must be paid in full by the 5th day of the month

